



## Explosive Minds! Laughter Academy Outcomes

Program Component	Objectives	Outcomes
Team Warm Up	<ul style="list-style-type: none"> <li>* Ignite participants in a high energy warm-up</li> <li>* Engage the nervous system</li> <li>* Release endorphins</li> </ul>	<ul style="list-style-type: none"> <li>* Be in the moment</li> <li>* The power of positive eye contact</li> <li>* LAUGH, loosen up and have fun!</li> </ul>
Powerful Presence	<ul style="list-style-type: none"> <li>* Step into the role of a performer</li> </ul>	<ul style="list-style-type: none"> <li>* Capture, captivate, and hold your audience!</li> <li>* Energetic communication</li> </ul>
Physical Communication	<ul style="list-style-type: none"> <li>* Respond to ideas physically and instinctively</li> <li>* Share leadership to achieve an objective</li> </ul>	<ul style="list-style-type: none"> <li>* Quick decision making</li> <li>* Unlock creativity</li> <li>* Dynamic teamwork</li> <li>* Body language</li> <li>* Build fast and strong rapport</li> </ul>
Verbal Communication	<ul style="list-style-type: none"> <li>* Respond to change instantly and positively</li> <li>* Create trust within the team</li> <li>* Build upon the ideas of others</li> </ul>	<ul style="list-style-type: none"> <li>* Individual accountability for team success</li> <li>* One person alone cannot achieve as much as a group of committed, positive individuals working toward the same goal</li> </ul>
Using and understanding Explosive Minds Improvisation Vocabulary	<ul style="list-style-type: none"> <li>* Offers – Making, Accepting and Over Accepting</li> <li>* The power of ‘Yes And’</li> <li>* Blocking and why you MUST NOT!</li> <li>* Yielding; wimping; split focus</li> <li>* Timing</li> </ul>	<ul style="list-style-type: none"> <li>* Heightened listening skills</li> <li>* A new team vocabulary geared for success</li> <li>* Build a culture of positive communication</li> </ul>
“ I am officially hilarious”	<ul style="list-style-type: none"> <li>* Culmination of all of Explosive Minds’ Improvisation skills in a hilarious presentation</li> </ul>	<ul style="list-style-type: none"> <li>* Increased confidence in presenting ideas</li> <li>* Learn to trust and follow through with your instincts</li> <li>* Team bonding through laughter and fun!</li> </ul>